

It is an object of the present invention to provide a stereoscopic image displaying method and a stereoscopic image displaying apparatus using the same, which are capable of excellently observing a

10 image on an image displaying device, on which parallax
images corresponding to a plurality of different
viewpoints can be displayed, is guided to an optical
modulator, on which a light transmitting section and a
light shielding section can be formed, by a second
15 optical system disposed in the front of the image
displaying device, and that the display light
transmitted through the light transmitting section of
the optical modulator is collected at a position that
is a predetermined distance apart corresponding to the
20 viewpoint on an observation surface by a first optical
system, and the entire screen of a parallax image to be
displayed on the image displaying device is thereby
caused to be incident on each eye by controlling
transmitted light from the optical modulator in
25 synchronism with the switching of parallax images to be
displayed on the image displaying device when an
observer attains stereoscopic viewing of the image
information on the image displaying device.